

# LYNDSAY PROVENCIO

DOCTOR OF PHYSICAL THERAPY

## Relevant Continuing Education

<b>Fitness Athlete: Pregnancy and Postpartum</b> <i>Portland, OR</i>	October-December, 2022
<b>Herman and Wallace – Athletes and Pelvic Rehabilitation</b> <i>Portland, OR</i>	November 7-8, 2020
<b>Pelvic Floor Implications for the Running Athlete</b> <i>Portland, OR</i>	November 16-17, 2019
<b>APTA Pelvic Health Physical Therapy Level 3</b> <i>Portland, OR</i>	October 5-6, 2019
<b>APTA Pelvic Health Physical Therapy Level 2B – Bowel Dysfunction</b> <i>Portland, OR</i>	July 27-28, 2019
<b>APTA Pelvic Health Physical Therapy Level 2A – Pelvic Pain</b> <i>Portland, OR</i>	July 25-26, 2019
<b>APTA Pelvic Health Physical Therapy Level 1</b> <i>Portland, OR</i>	March 1-2, 2019
<b>The Complete Runner</b> <i>Portland, OR</i>	October 27-28, 2018

## Certifications

<b>APTA Certificate of Achievement in Pelvic Health Physical Therapy</b>	March 31, 2021
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